



**Price Comparison - Week 4 September 27th - October 4th 2023**

Category	Product	Unit	Big Rock		Unique		Emporium		Saba Wishes	
			Brand	Price	Brand	Price	Brand	Price	Brand	Price
Refrigerated Goods	Bananas	1 kg	N/A	\$2.50	N/A	\$3.50	N/A	\$4.00	N/A	\$3.00
Refrigerated Goods	Apples	1 piece	N/A	\$1.50	N/A	\$1.35	N/A	\$0.66	N/A	\$1.25
Refrigerated Goods	Oranges	1 piece	N/A	\$1.10	N/A	\$1.00	N/A	\$0.58	N/A	\$0.67
Refrigerated Goods	Kiwis	1 piece	N/A	\$1.25	N/A	\$1.05	N/A	\$1.10	N/A	\$1.16
Refrigerated Goods	Grapes (red)	1 kg	N/A	\$10.95	N/A	\$10.80	N/A	\$8.50	N/A	\$9.75
Refrigerated Goods	Cucumbers	1kg	N/A	\$3.50	N/A	N/A	N/A	\$4.00	N/A	\$4.25
Refrigerated Goods	Tomatoes	1 kg	N/A	\$4.50	N/A	\$6.75	N/A	\$6.50	N/A	\$6.25
Refrigerated Goods	Romaine lettuce	3 pieces in a bag	N/A	\$6.25	N/A	\$5.00	N/A	\$5.50	N/A	\$7.95
Refrigerated Goods	Plantain	1 kg	N/A	\$3.75	N/A	\$3.05	N/A	\$4.00	N/A	\$4.25
Refrigerated Goods	Sweet pepper (green)	1 kg	N/A	\$4.95	N/A	\$6.95	N/A	\$6.50	N/A	\$6.95
Refrigerated Goods	Broccoli	1 kg	N/A	\$9.95	per piece	\$4.90	N/A	N/A	N/A	\$8.50
Refrigerated Goods	Zucchini	1 kg	N/A	\$5.75	N/A	\$6.05	N/A	N/A	N/A	\$6.50
Refrigerated Goods	Carrots	1 kg	N/A	\$3.50	N/A	\$2.95	N/A	\$4.00	N/A	\$3.50
Refrigerated Goods	Onions	1 kg	N/A	\$3.50	N/A	\$2.70	N/A	\$5.00	N/A	\$4.00
Refrigerated Goods	Lemons	1 piece	N/A	\$0.50	N/A	\$0.55	N/A	\$0.50	N/A	\$0.50
Refrigerated Goods	Potatoes	1 kg	N/A	\$2.95	per piece	\$1.70	N/A	\$4.00	N/A	\$3.75
Refrigerated Goods	Eggs, local	1 dozen	N/A	\$5.50	N/A	\$5.50	N/A	N/A	N/A	\$5.50
Refrigerated Goods	Eggs, imported	1 dozen	N/A	\$4.75	N/A	\$2.95	N/A	\$7.50	N/A	\$4.50
Refrigerated Goods	Chicken Leg Quarter	5lbs	N/A	\$13.95	N/A	\$9.00	N/A	\$12.50	N/A	\$15.95
Refrigerated Goods	Ribs	1 kg	N/A	\$7.50	N/A	\$9.80	N/A	\$8.50	N/A	\$9.75
Canned Goods	Kidney beans	15.5 oz	Goya	\$1.75	Goya	\$1.95	Goya	\$1.75	Goya	\$1.85
		29 oz	Goya	\$2.95	Goya	N/A	Goya	\$3.50	Goya	\$3.50
Canned Goods	Canned tuna fish	5 oz	Starkist	\$1.95	Starkist	\$1.90	Starkist	N/A	Starkist	\$1.95
Dry Goods	Spaghetti	16 oz	Luxury	\$3.25	Pasta Zara	\$1.90	Pasta Zara	\$2.50	Pasta Zara	\$2.50
Condiments	Ketchup	20 oz	Hunts	\$3.95	Hunts	\$3.20	Hunts	\$4.50	Hunts	\$3.95
Condiments	Mayonnaise	15 oz	Hellman's	\$3.75	Hellman's	\$3.75	Hellman's	\$3.75	Hellman's	\$3.75
Condiments	Mustard	14 oz	French's	\$3.75	French's	\$2.65	French's	\$5.50	French's	\$4.50
Condiments	Vegetable oil	24 oz	Wesson	N/A	Wesson	\$6.90	Wesson	\$6.75	Wesson	\$6.95
		48 oz	Wesson	N/A	Wesson	\$9.10	Wesson	\$9.50	Wesson	\$9.50
Dry Goods	Oats	18 oz	Quaker	\$5.75	Quaker	\$4.75	Quaker	\$6.75	Quaker	\$5.50
		42 oz	Quaker	\$9.95	Quaker	\$9.20	Quaker	\$8.50	Quaker	\$9.25
Canned Goods	Carnation milk	12 oz	Nestle	\$1.80	Nestle	\$2.35	Nestle	\$1.50	Nestle	\$2.35
Dry Goods	Tea	50 pack	Lipton	\$5.25	Lipton	\$5.10	Lipton	\$5.50	Lipton	\$5.50
Dry Goods	Full milk	1 liter	Elle & Vivre	\$2.50	Distinction	\$2.50	Distinction	\$2.50	Distinction	\$2.75
Seasoning	Black Pepper	2 oz	Badia	\$2.50	Badia	N/A	Badia	\$2.50	Badia	\$2.65
Seasoning	Salt	9.5oz	N/A	N/A	Badia	N/A	Badia	\$2.75	Badia	\$3.25
Dry Goods	Rice	80 oz	Mahatma	\$6.25	Mahatma	\$6.85	Mahatma	\$6.50	Mahatma	\$6.75
Seasoning	All Purpose Seasoning	8 oz	N/A	N/A	Mortons	\$4.05	Mortons	\$4.75	Mortons	\$4.50
Dry Goods	Soda biscuits	24oz	N/A	N/A	Sultana	\$9.90	Sultana	\$8.50	Sultana	\$8.95
Hygiene Products	Paper towels	1 roll	Members Mark	\$2.75	Members Mark	\$2.95	Members Mark	\$3.50	Members Mark	\$2.95
Hygiene Products	Shampoo	30 oz	N/A	N/A	vo5	\$2.45	vo5	\$2.25	vo5	\$2.75
Hygiene Products	Toothpaste	6 oz	Colgate	\$5.25	Colgate	\$3.55	Colgate	\$5.50	Colgate	\$4.50
Hygiene Products	Toilet paper	4 rolls	Fiora	\$3.75	N/A	N/A	Fiora	\$4.50	Fiora	\$3.95
Hygiene Products	Bar soap	3 bars	N/A	N/A	Ivory Soap	\$3.25	Irish Spring	\$3.50	Irish Spring	\$3.75
Hygiene Products	Body wash	1000ml	Dove	\$9.25	N/A	N/A	Dove	\$10.50	Dove	\$10.95
Cleaning Product	Dish liquid	739ml	Palmolive	\$3.50	Palmolive	\$4.70	Palmolive	\$5.50	Palmolive	\$4.75
Cleaning Product	All purpose Cleaner	28 oz	Fabuloso	\$3.25	N/A	N/A	Fabuloso	\$3.25	Fabuloso	\$3.25
Beverage	Imported water	12 bottles	Blue Mountain	\$12.00	Blue Mountain	\$13.50	Blue Water	\$12.00	Blue Water	\$14.00